



Dr Neryl East

BE EXTRAORDINARY, ONE CHOICE AT A TIME



How to take more action, break through obstacles and achieve beyond expectations.

A global pandemic has disrupted our lives. After having the world turned upside down, what does your future hold?

Long before COVID-19, each of us faced different kinds of disruptions. For Neryl East and her husband, Mike, that involved a life-altering motorbike accident.

Rather than accepting a bleak “new normal”, they went from their darkest night to an incredible triumph – all through small, moment-by-moment choices.

In this joyful, compelling and invigorating presentation, they share how setting a “giggly goal” changed the course of their lives and how you can take that approach to transform your business, relationships and life.

You'll take away:

- ◆ How to use the momentum of negative experiences to propel you to the next level of success in any area of life.
- ◆ The keys to making high-quality choices that will shape your extraordinary future
- ◆ A clear path of action to take your results beyond what you dreamed you could achieve

DISRUPT YOUR LIFE

What audiences say:

“Inspired. Amazed. Uplifted. Stunned. What an amazing story!!”

“I can't believe how much that talk changed my whole perspective.”

“You need to hear this story. It has so much inspiration. It makes you believe in taking hold of your life.”

“This presentation will get you and your team to consider that anything is possible if you back yourself.”

-Insp Paul Allman, NSW Police

About Dr Neryl East CSP & Michael McKeogh

Mike's life took a shocking turn in 2010 when he narrowly survived an accident that left him wheelchair-bound. Everything changed; sporting opportunities, business success, even friendships. But few people factored in Mike's determination to not only walk but excel in whatever came next.

As well as sharing Mike's experience as his partner, Neryl is a Certified Speaking Professional, Amazon best-selling author and credibility specialist.

After hearing Mike and Neryl's story you'll realise you can, at any time, disrupt your own life and create the extraordinary.

This presentation can be delivered in-person, virtually or in a hybrid environment and can be tailored to any length between 30 and 120 minutes.

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